

> DIPLOMA OF NATURAL HEALTH AND WELLNESS | NEW 1 YEAR FULL-TIME study plan

| | Study Period 1 | Study Period 2 | Study Period 3 |
|--------|--|---|---|
| Year 1 | <ul style="list-style-type: none"> Holistic Medicine Philosophy Anatomy & Physiology Body Structure Interpreting Nutritional Information Evidence Based Practice | <ul style="list-style-type: none"> Advise on Nutritional Supplements Anatomy & Physiology Body Systems Plan & Manage a Healthcare Business Coaching Clients to Reach Their Wellness Goals Safe Practices | <ul style="list-style-type: none"> Legal & Ethical Compliance Weight Management Strategies Advise Clients on Natural Remedies & Self-Care Strategies Introduction to Psychoneuroimmunology Health Care Referrals |

Electives (choose 1)

- Reflexology 1 - An Introduction (on campus only)
- Aromatherapy Essentials
- Bach Flower Remedies
- Presenting to Groups & Corporate Clients (on campus only)
- Food Fundamentals

*Your elective unit may be completed during any term in which your selected unit is scheduled.

> DIPLOMA OF NATURAL HEALTH AND WELLNESS | NEW 2 YEAR PART-TIME study plan

| | Study Period 1 | Study Period 2 | Study Period 3 |
|--------|---|---|---|
| Year 1 | <ul style="list-style-type: none"> Holistic Medicine Philosophy Anatomy & Physiology Body Structure Interpreting Nutritional Information | <ul style="list-style-type: none"> Advise on Nutritional Supplements Anatomy & Physiology Body Symptoms Coaching Clients to Reach Their Wellness Goals | <ul style="list-style-type: none"> Legal & Ethical Compliance Weight Management Strategies Advise Clients on Natural Remedies & Self-Care Strategies |
| | Study Period 4 | Study Period 5 | Study Period 6 |
| Year 2 | <ul style="list-style-type: none"> Evidence Based Practice Safe Practices | <ul style="list-style-type: none"> Plan & Manage a Healthcare Business | <ul style="list-style-type: none"> Introduction to Psychoneuroimmunology Health Care Referrals |

Electives (choose 1)

- Reflexology 1 - An Introduction (on campus only)
- Aromatherapy Essentials
- Bach Flower Remedies
- Presenting to Groups & Corporate Clients (on campus only)
- Food Fundamentals

*Your elective unit may be completed during any term in which your selected unit is scheduled.

A-Z UNIT LISTING OF UNITS

*Please note, though most subjects are possible to complete in either distance or on-campus mode, some subjects are only offered via distance or on-campus mode

| Advise Clients on Natural Remedies & Self-Care Strategies | \$525 |
|---|-----------------|
| Distance | 12 weeks |
| NAT017DL | 13 Feb - 16 May |

| Anatomy & Physiology Body Structure | \$625 |
|-------------------------------------|---------------------------|
| Wednesday | 12.00pm - 2.00pm 12 weeks |
| MSC024WED | 15 Feb - 10 May |
| Wednesday | 6.00pm - 8.00pm 12 weeks |
| MSC024WED2 | 15 Feb - 10 May |
| Distance | 12 weeks |
| MSC024DL | 13 Feb - 16 May |

| Anatomy & Physiology Body Systems | \$625 |
|-----------------------------------|--------------------------|
| Tuesday | 6.00pm - 8.00pm 12 weeks |
| MSC023TUE | 14 Feb - 16 May |
| Wednesday | 2.30pm - 4.30pm 12 weeks |
| MSC023WED | 15 Feb - 10 May |
| Distance | 12 weeks |
| MSC023DL | 13 Feb - 16 May |

| Aromatherapy Essentials | \$495 |
|-------------------------|---------------------------|
| Sunday | 9.30am - 4.30pm Intensive |
| ARO010SUN | 19 Feb, 5 & 19 Mar |
| Distance | 10 weeks |
| ARO010DL | 13 Feb - 30 Apr |

| Bach Flower Remedies | \$625 |
|----------------------|----------------------------|
| Saturday | 9.30am - 3.30pm Intensive |
| NAT002SAT | 25 Mar, 8, 22 Apr & 13 May |
| Distance | 12 weeks |
| NAT002DL | 13 Feb - 16 May |

| Evidence Based Practice | \$395 |
|-------------------------|---------------------------|
| Sunday | 9.30am - 4.30pm Intensive |
| PROF006SUN | 26 Feb & 26 Mar |
| Distance | 7 weeks |
| PROF006DL | 13 Feb - 2 April |

A-Z UNIT LISTING OF UNITS CONTINUED

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|--------------------------------|------------------------------|----------|
| Food Fundamentals \$595 | | |
| Monday | 10.00am-2.00pm | 5 weeks |
| NUT002MON | 20, 27 Mar, 3, 24 Apr, 1 May | |
| Wednesday | 6.00pm-8.00pm | 10 weeks |
| NUT002WED | 15 Feb - 26 Apr | |
| Distance | | 10 weeks |
| NUT002DL | 13 Feb - 16 May | |

| | | |
|------------------------------------|-----------------|---------|
| Health Care Referrals \$395 | | |
| Distance | | 6 weeks |
| PROF010DL | 27 Mar - 16 May | |

| | | |
|---|--------------------|-----------|
| Holistic Medicine Philosophy \$495 | | |
| Sunday | 10.00am - 3.00pm | Intensive |
| NAT016SUN | 12 Mar, 2 & 23 Apr | |
| Distance | | 7 weeks |
| NAT016DL | 13 Feb - 2 Apr | |

| | | |
|---|-----------------|----------|
| Interpreting Nutritional Information \$525 | | |
| Wednesday | 6.00pm - 8.00pm | 12 weeks |
| NUT021WED | 15 Feb - 10 May | |
| Distance | | 12 weeks |
| NUT021DL | 13 Feb - 16 May | |

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|--|-------------------------------------|-----------|
| Reflexology 1 - An Introduction \$525 | | |
| Sunday | 9.30am - 2.30pm | Intensive |
| REF001SUN | 9 Feb, 5, 12, 26 Mar, 2 Apr & 7 May | |

| | | |
|---|-----------------|---------|
| Legal & Ethical Compliance \$300 | | |
| Distance | | 6 weeks |
| PROF011DL | 13 Feb - 26 Mar | |

| | | |
|---|-----------------|-----------|
| Presenting to Groups and Corporate Clients \$325 | | |
| Sat & Sun | 9.30am - 4.30pm | Intensive |
| PROF009SAT | 29 & 30 Apr | |

| | | |
|--|-----------------|----------|
| Introduction to Psychoneuroimmunology \$595 | | |
| Monday | 6.00pm - 8.00pm | 12 weeks |
| PNIO01MON | 13 Feb - 15 May | |
| Distance | | 12 weeks |
| PNIO01DL | 13 Feb - 16 May | |

| | | |
|-----------------------------|-----------------|-----------|
| Safe Practices \$170 | | |
| Distance | | 6 weeks |
| PROF002DL | 13 Feb - 26 Mar | |
| Saturday | 9.30am - 3.30pm | Intensive |
| PROF002SAT | 1-Apr | |

| | | |
|---|-----------------|----------|
| Weight Management Strategies \$525 | | |
| Wednesday | 2.30pm - 4.30pm | 12 weeks |
| NUT023WED | 15 Feb - 10 May | |
| Distance | | 12 weeks |
| NUT023DL | 13 Feb - 16 May | |

REVIEW CLASSES

| | | |
|---|---------------------------------|-------------|
| Anatomy Body Systems Review \$95 | | |
| Wednesday | 12.30pm-2.00pm | Fortnightly |
| MSC023R | 1, 15, 29 Mar, 5, 19 Apr, 3 May | |